

## SAVE THE DATE

SATURDAY, NOV. 3,  
2018

Loaves and Fishes Dinner  
Doors 5 pm Dinner 6:00  
Norsemen Inn  
6505-48 Ave., Camrose

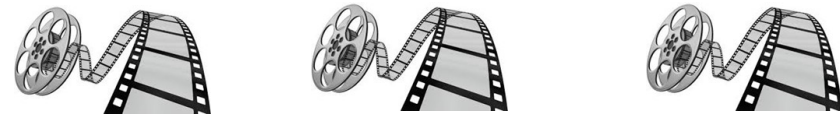
Our speaker will be  
Suneeta Jobanputra, chair  
of Shantilife.

## THANK YOU FOR YOUR SUPPORT

Sahakarini would like to thank those who have supported our project work through financial donations and volunteer time. Thank you to the *Augustana Community Service and Learning* students who continue to provide assistance to Sahakarini in a variety of ways.



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## FILM AND SPEAKER FESTIVAL

January 11-12 2019

Please save the dates of **Jan 11 & 12, 2019** for the Annual Sahakarini Film and Speaker Festival in the Mayer Room of the Lougheed Center for the Performing Arts.

The proposed Festival program is third in a series dealing with the issue of Power. Two years ago we explored individual power – The Power of One to make a difference by word and deed. Last year we looked at Group Power - both as established groups and a spontaneous group with a common purpose. For 2019 we are looking at the Abuse of Power.

Power comes in many forms and is experienced both for good and bad. The 2019 Festival we will focus on the mis-use of economic and political power. The theme will explore the results of economic and political power abuse but also look at examples of people imagining a different reality while enduring the chaos. There will be feature films, speakers and a time for conversation. Please come and join us in early January.

Now available at the office! Previous Film and Speaker selections are available at the office on DVD. The list of films is available on the web site. Please contact the office if you wish to borrow a film. [Sahakarini@gmail.com](mailto:Sahakarini@gmail.com) or 780-672-8222.

## SAHAKARINI DONATIONS

Donations can be made three different ways.

1. Canada Post @ Sahakarini, Box 1685 Camrose T4V 1X6
2. ATB Cares website @ <https://www.atbcares.com/donate>.

Your donation will be forwarded to Sahakarini. *Know that we at Sahakarini are grateful; for your donations, but ATB Cares does not provide us with individual donor information so we are unable to acknowledge your generosity. Your support makes change possible and thank you for that.*

3. CanadaHelps website: @ <https://www.canadahelps.org>

## CHANGE OF ADDRESS

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Enclosed is my gift of \$ \_\_\_\_\_

Donations can be made online at [www.CanadaHelps.org](http://www.CanadaHelps.org) or through [www.atbcares.com](http://www.atbcares.com)

Fall 2018

# SAHAKARINI

ESTABLISHED 1979 CAMROSE AB



AN INTERNATIONAL NGO-LOCAL EFFORTS FOR GLOBAL CHALLENGES

AN INTRODUCTION TO WOMEN'S ISSUES IN NEPAL, SITE OF OUR LATEST PROJECT FRIENDS OF SHANTA BHWAN



On October 28, 2015, Nepal elected a new president – Bidhya Devi Bhandari - a woman. Although the election of a female head of state does not necessarily reflect the status of women at large, it does suggest a shift in attitude toward the role and leadership of women. Nepal's constitution, enacted in September of 2015, reflects the nation's seven-decades long evolution as a republic. While discrimination on the basis of gender was prohibited under its two predecessor constitutions (1990 and 2007), the constitution of 2015 protects the fundamental rights of women (Article 38) and provides for a thirty-three percent representation of women in parliament (Article 84.8). Both provisions reflect the evolving status of women not only in Nepal's political life, but in the daily lives of women at home and in the workplace.

According to The World Bank, the life expectancy of Nepali women increased from 63.4 years in 2000 to 71.9 years in 2016 and the percentage of births attended by a skilled health care practitioner increased from 11.9% to 58%. Similar gains are reflected in the percentage of women enrolled in primary and lower secondary schools with a 30% increase over the same sixteen-year period. Although the percentage of Nepali women achieving advanced degrees remains largely unchanged, the foundations have been laid for greater access to higher education by women in the years ahead.

In the midst of these gains, Nepal remains a patriarchal society. The barriers to full equality faced by Nepali women are deeply rooted in culture and tradition and difficult to change. Economic opportunity, health care, and political empowerment are hard-won realities for women and girls, especially those living in rural and remote communities. Human trafficking, resistance to changing gender roles, and disproportionate pay for equal work remain serious problems. Violence against women poses particular challenges with inadequate services, an estimated three quarters of incidents unreported, and prosecution and conviction for offenses difficult to obtain.

The road to full equality for women in Nepal remains a long and challenging one, propelled forward by the persistence and creativity of women themselves. Sahakarini is honored to play a small part in this much larger work.

Submitted by Deborah Ann Taylor

Board Member

## PROJECT SHINE (SANITATIONS AND HYGIENE INOVATION IN EDUCATION)

What we take for granted in our everyday lives – safe drinking water, sanitation and hygiene practices is not the reality for most rural communities in Tanzania. The greatest impact of these deficiencies is on the health of children. In the very young, diarrhea creates a host of serious health problems, some of which can even lead to death.

Project SHINE is a collaborative research project between University of Calgary's Global Health and Internal Partnership program and the Catholic University of Health and Allied Sciences, in Tanzania. Its objectives are to provide local health based strategies which will improve sanitation and hygiene practices in rural Maasai communities.

Sahakarini, along with the Rocky Mountain Soap Company in Canmore, is financially supporting SHINE's Nyuat initiative in northern Tanzania. This program focuses on educating margin-

alized rural communities in developing safe water, sanitation, and hygiene practices. Water quality improvement has been achieved by developing and distributing bio sand filters. Providing ingredients and teaching women to make high quality soap products has improved family hygiene practices and children's health. Sale of surplus soap products to the local tourist industry has also provided a source of much needed family income in the local communities. Sahakarini's financial support, now in its second year of the five year program, is designed with the objective of helping the communities make these practices self-sustaining in the future.

SHINE web site: <https://www.project-shine.net>

SHINE Facebook page: [www.facebook.com/projectshineedu](http://www.facebook.com/projectshineedu)

## SAND DAM MODEL



Thanks to Augustana CSL student Michelle Rude we have a “working” sand dam model. It has been displayed at various events and has been most helpful in explaining how sand dams work. This is yet another example of how Augustana students have enriched our ability to carry out our educational mission. The sand dam was featured in the Spring edition of CSL News from Augustana.

*“I took the CSL practicum because it was an opportunity to engage myself with the surrounding community. The course gave me a unique learning experience at University, by allowing me to explore my creative side by building a modeled sand dam for the Sahakarini organization.” - Michelle Rude, BSc Biology*

Please note: SHINE web site is live!

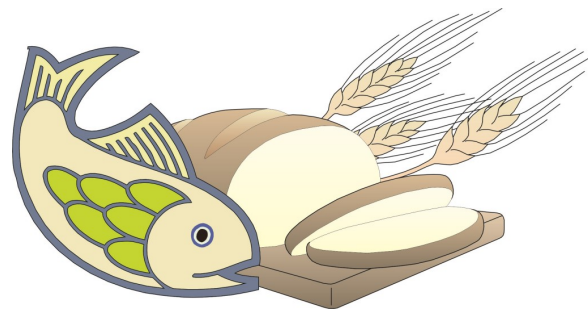
## AGM REPORT

The AGM was held in the Community Room at Messiah Lutheran Church on May 29, 2018. The business meeting was conducted following a catered meal. Board members for 2018-2019 are:

Becky Berger, President  
Ruth Jensen, Vice-president  
Don Rebus, Treasurer  
Carolyn Andersen, Secretary  
Directors: Signi Bruner, David Edwards, Varghese Manaloor, Emily Martin, Michael Mucz, Yvonne Myrhaug, Les Parsons, and Pastor Deborah Ann Taylor.

Gail Stolee, Linda Gervais and Maya Rathnavalu retired from the Board. All of these women made countless valuable contributions to Sahakarini and will be missed.

Copies of the AGM report are available at the office.

LOAVES AND FISHES COMMUNITY DINNER  
NOVEMBER 3, 2018

Save the Date: The 2018 Sahakarini Loaves and Fishes Community Dinner will be Saturday, November 3 at the Norsemen. The theme is Local Effort for Global Challenges. Our speaker will be Suneeta Jobanputra from Edmonton, Global Director of the organization Shantilife. See the president's message in this newsletter for more information.

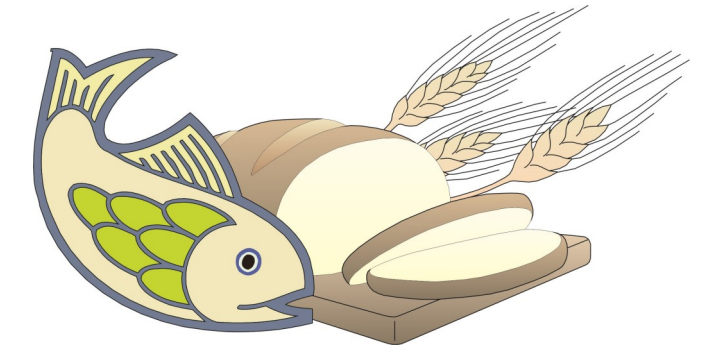
Tickets are \$40.00 for adults; \$35.00 for students (subsidies available) and children under 10 are free. Tickets are available at the Sahakarini office, Wisemen's Way and from Board members (see list in this newsletter).

## CONTACT INFORMATION

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Email: [sahakarini@gmail.com](mailto:sahakarini@gmail.com)

Website: [www.sahakarini.org](http://www.sahakarini.org)

Phone: 780-672-8222  
Office Manager: Carolyn Andersen



## Local Effort—Global Challenges

**Sahakarini Loaves and Fishes Community Dinner**

November 3, 2018 - Norsemen Inn - 6505 - 48 Avenue, Camrose

5 pm Doors open - 6 pm Dinner

Tickets: \$40 adult, \$35 student, 10 and under free

Available from Board Members and Wisemen's Way

For more information contact Sahakarini 780-672-8222

## PRESIDENT'S MESSAGE

Greetings, Sahakarini supporters! This newsletter contains a wealth of information about our fall and winter activities as well as on-going projects.

Our theme for the 2018 Sahakarini Loaves and Fishes Community Dinner is Local Effort for Global Challenges, our new tag line. The Board adopted this tag line as a way to explain our mission precisely and encourage those who are unfamiliar with our work to ask questions and learn more about us. We are an organization dedicated to working with partners from across the world in ways that will improve the lives of the people in their communities. The challenges are not decreasing, nor should we expect

that they would. We know that even modest assistance can make a difference in the lives of others.

Please note the slight change in the name of the dinner. We have come to realize that not everyone associates Loaves and Fishes with Sahakarini! So the Board decided to make the connection explicit by including “Sahakarini” in the name of the dinner. The dinner is our major fund-raiser for the year, and we keep ticket prices as low as possible, so your donations, purchase of auction items, etc. are the key to the dinner's success and our ability to fund projects.

This year's speaker for the Sahakarini Loaves and Fishes Community Dinner will be Suneeta Jobanputra. Suneeta

is retired from Alberta Health and is a licensed social worker. Her career includes work in India and elsewhere before she settled in Edmonton. She is Chair of an organization called Shantilife that works with women in India on a variety of issues, including sanitation and micro-loans. She was very excited to learn about Sahakarini, and we are excited to hear more about her work and our common interests. I know she will be an inspirational speaker for our dinner on November 3. We look forward to seeing you there.

Also please mark your calendars for the Film and Speaker series, which will be held in the Mayer Room of the Loughheed Centre for the Per-



forming Arts on January 11 and 12, 2019. This event just keeps getting better and better. This is the final year of the three-year investigation into power and the theme will be: Power: Imagining a Different Reality. Each film chosen will encourage the viewer to confront established ideas and consider viewpoints heretofore not taken. Some of the films may be quite controversial. We are sure you won't want to miss this.

Fall has returned! Let's hope it stays for a while!

Becky Berger, President