



Thank you to all who participated in Sahakarini's recent virtual Loaves and Fishes (L&F) 'supper' through your ticket purchase(s) and donations. Your support and generosity is greatly appreciated. Unfortunately this major fund raising event did not achieve the financial success of previous years due to existing pandemic restrictions. This has resulted in our organization having a much reduced project budget which greatly impacts on our ability to fund new projects in the coming (2021) year.

One of our most successful recently funded projects, the Friends of Shanta Bhawan (FSB), a Nongovernmental Organization in Kathmandu Nepal, has made an urgent 3<sup>rd</sup> year funding request. Its Clinic provides primary health care services, at minimal or no cost, to over 30,000 marginalized and impoverished Nepalese in a poorer district of Kathmandu. Focusing on maternal and natal care, it regularly serves approximately 100 patients a day. The services provided deal with: general health, medical imaging and recording, laboratory and pharmacy needs, tuberculosis treatment and area health camps (free medical care).



COVID-19 has had a severe negative impact on the Clinic's daily patient usage because people have been mandated to restrict their public activities. This has resulted in a significant reduction in Clinic revenue. Sanjaya Basnyat, the Clinic's executive director and the 2019 L&F's guest speaker, has indicated that without essential external funding it will be difficult for the Clinic to continue providing its full range of services in 2021. Currently they are operating with a minimal number of staff and dwindling essential medical supplies.

FSB's 3<sup>rd</sup> year (2021) funding request of \$27,702, would be allocated for: medicines (\$15,907), laboratory supplies (\$5,134) and dressings and related supplies (\$6,661). Unfortunately Sahakarini's current project budget would only permit us to fund 25% of this request.

It is because of this urgent need that Sahakarini has decided to create an unexpected Christmas appeal to its supporters and donors. A thoughtful possibility is to give your donation on behalf of someone else as a Christmas gift or memorial donation. Sahakarini will send out a thank you card, acknowledging the gift in their name, to the identified person(s) or recognition, of its being a memorial donation to the donor. Any donations (tax credited) you might be able to make can be dropped off at the Sahakarini Office (4920-50 Street – Main Street Mews Building), mailed directly to Sahakarini @ Box 1685 Camrose T4V 1X6 or emailed to the ATB Cares website @ <https://www.atbcares.com/donate>.





Videos and gallery photos, which highlight the Clinic's important and life changing work, can be viewed on either FSB's ([fsbnepal.org.np](http://fsbnepal.org.np)) or Sahakarini's ([sahakarini.org](http://sahakarini.org)) web site.

Our deepest thanks for any and all support you might be able to give to this urgent appeal and may you find joy and comfort in the coming holiday season.

Sincerely,

Litsa Tryphonopoulos (Chairperson)

Videos: (Ctrl, click)

[FSB Clinic Health Camp March 2018](#)

[FSB Clinic Case Documentary 2019](#)

[Why We Do What We Do – FSB Clinic 2<sup>nd</sup> promotional video](#)

[Child with multiple illnesses - FSB Clinic 3<sup>rd</sup> promotional video](#)

